

Leonard ISD Wellness Assessment Sept. 7, 2023	Progress	Responsible
Wellness Education	Fully Implemented	Campus Adm/CN
Parent meetings are determined per year by campus administrator to focus on nutrition and wellness practices.	Fully Implemented	Campus Adm/CN
Nutrition teaching information is available for parents, students, and LISD employees.	Fully Implemented	Campus Adm/CN
Physical Activity		
Students should be given opportunities for physical activity through a range of programs including intramurals, interscholastic athletics, and physical activity events.	Fully Implemented	Campus Adm/CN
Schools will continue and expand partnerships with community based organizations.	Fully Implemented	Campus Adm/CN
Child Nutrition Programs comply with federal, state and local requirements and are accessible to all children	Fully Implemented	Child Nutrition
Child Nutrition Department will take every measure to ensure that student's access to food and beverages meet school breakfast program and national school lunch program regulations and standards for all foods that are served at school	Fully Implemented	CN Director
Foods and beverages sold in schools meet nutrition standards for whole grain rich, combination foods, accompaniments, 10% of Daily Value Nutrients, calories, sodium, fat, sugar, caffeine, requirements.	Fully Implemented	CN Director
Competitive food—Time and Place:	Fully Implemented	Campus Adm/CN
Elementary School: Only food service can sell competitive foods during the school day	Fully Implemented	Campus Adm/CN

<p><u>Middle School:</u> Food service can sell competitive foods 30-minutes before the meal service period through 30 minutes after meal service period. Only outside of this designated time period, can individuals and groups sell competitive foods on this campus.</p>	Fully Implemented	Campus Adm/CN
<p><u>High School:</u> Food service may sell competitive foods during the service period where reimbursable meals are sold or consumed on the school campus. Only outside of this designated time period and designated location, can individuals and groups sell competitive foods on this campus.</p>	Fully Implemented	Campus Adm/CN
<p><u>Fundraiser:</u> The sale of food items that meet the nutrition requirements at fundraisers, are not limited in any way under the standards. The standards do not apply during non-school hours, on weekends, and at off-campus fundraising events. Foods that are not intended to be consumed at the school such as ready-to-bake cookie dough are allowed to sell for consumption after the school day.</p>	Fully Implemented	Campus Administrator
<p><u>Birthday Cupcakes:</u> Provided free to be consumed after campus lunch hours.</p>	Fully Implemented	Campus Administrator
<p><u>Homemade Food Items Allowed:</u> All food brought into the schools for student consumption will be only after campus lunch hours.</p>	Fully Implemented	Campus Administrator
<p><u>Vending Machines: (Accessible to the students):</u> All items sold in vending machines, school stores, and snack bars must comply with the Smart Snacks guidelines.</p>	Fully Implemented	Campus Administrator
<p><u>Record Keeping:</u> The campus personnel is responsible for documenting all receipts and nutritional information for items sold on the campus during the school day.</p>	Fully Implemented	Campus Administrator

<p><u>Free Food Day:</u> The campus administrator will delegate three days the campus may have a free food day activity. These dates will be shared with the Food Service Administrator and Superintendent prior to the beginning of each school year.</p>	Fully Implemented	Campus Administrator

